





<p>Lunch Prices</p> <p>Lunch - \$2.25 Milk - \$0.50 Adult - \$3.25</p>		<p align="center">ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT February Menu 2011-12 ELEMENTARY K-6 LUNCH MENU WORD OF THE MONTH IS Fairness www.ovsd.us</p>				<p>*The menu is subject to change without notice due to price and availability of food.</p>
<p>Our staff encourage & teach students to make healthy choices for a healthy lifestyle.</p>	<p align="center">Monday February 6</p> <p><i>Salisbury Steak w/breadstick Mashed Potatoes w/gravy Mandarin Oranges</i></p>	<p align="center">Tuesday February 7</p> <p><i>Chicken Patty Deluxe on *WW Bun Steamed Mixed Vegetables Pears</i></p>	<p align="center">Wednesday February 8</p> <p><i>Soup Day Grilled Cheese Sandwich & crackers Broccoli/Carrots/Dip Peaches</i></p>	<p align="center">Thursday February 9</p> <p><i>Ham & Cheese Stromboli Steamed California Blend w/cheese Fresh Apple Slices</i></p>	<p align="center">Friday February 10</p> <p><i>Homemade *WG Mac & Cheese Carrots/Celery/Dip Applesauce</i></p>	
<p>How self-serve works:</p> <ul style="list-style-type: none"> - The entrée is served - Side items are self-serve - Salads will be offered everyday 	<p align="center">February 13</p> <p><i>Corn Dog Steamed Lima Beans Cherries</i></p>	<p align="center">February 14 Valentine's Day Luncheon</p> <p><i>Chicken Nuggets w/bread & butter Steamed Green Beans Applesauce Fresh Baked Cake *No Alternate entrées offered*</i></p>	<p align="center">February 15</p> <p><i>Cheeseburger Deluxe on *WW Bun Baked Crispy Potatoes Fresh Orange Slices</i></p>	<p align="center">February 16</p> <p><i>*WG Lasagna w/meat sauce & garlic breadstick Broccoli/Carrots/Dip Pears</i></p>	<p align="center">February 17</p> <p><i>Mini Club w/lettuce & tomato Cottage Cheese Steamed Peas & Carrots Pineapple</i></p>	
<p>Students MUST take at least 3 of the 5 components offered.</p>	<p align="center">February 20</p> <p align="center">No School!</p>  <p align="center">President's Day!</p>	<p align="center">February 21</p> <p><i>BBQ Rib on Bun Steamed Peas Fruit Cocktail</i></p>	<p align="center">February 22 Ash Wednesday!</p> <p><i>Chicken Strips w/breadstick Steamed Carrots Applesauce</i></p>	<p align="center">February 23</p> <p><i>Nacho Scoops w/lettuce, tomato, cheese & salsa Steamed Corn Peaches</i></p>	<p align="center">February 24</p> <p><i>Cheesy Breadstick (1) w/marinara sauce Steamed Green Beans Mandarin Oranges w/blueberries</i></p>	
<p>Alternate Entrées (served daily unless noted)</p> <ul style="list-style-type: none"> - Pizza - Peanut Butter Sandwich - Cheese Sandwich 	<p align="center">February 27</p> <p><i>Cook's Choice Entrée Steamed Carrots Fruit Cocktail</i></p>	<p align="center">February 28</p> <p><i>Chicken Nuggets w/breadstick Steamed Broccoli w/cheese Hot Cinnamon Apples</i></p>	<p align="center">February 29 Leap Day!</p> <p><i>Cheese Coney on *WW bun Baked Beans Strawberries w/fresh bananas</i></p>	<p align="center">March 1</p> <p><i>Salisbury Steak w/bread & butter New Potatoes Cherries</i></p>	<p align="center">March 2</p> <p><i>Grilled Cheese Sandwich Fresh Veggies/Dip Peaches</i></p>	
<p>Whole wheat/grain options are in bold print and offered at least once per week</p>	 <p>A Pasta or rice choice will be offered on Wednesdays</p>	<p align="center">February is...</p> <ul style="list-style-type: none"> • Feb. 1st – National Girls & Women in Sports Day • American Heart Month • National Children's Dental Month • National Cherry Month • National Grapefruit Month • Sweet Potato Month 			<p>A choice of fat-free white, fat-free chocolate and fat-free strawberry milk is served with each meal.</p>	
<p align="center">*Meal account balances can be checked by calling your child's school or the Child Nutrition Department.</p>						
<p align="center">*This organization is an equal opportunity provider and employer.*</p>						