








Lunch Prices Lunch - \$2.50 Milk - \$0.50 Adult - \$3.50 ☉ denotes new items		<p align="center"> ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT May Menu 2016-17 ELEMENTARY K-6 LUNCH MENU WORD OF THE MONTH IS "Respect" www.ovsd.us </p>		*The menu is subject to change without notice due to price and availability of food.
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The last day to charge for the 2016-2017 school year will be Friday, May 12th, 2017.

Alternate Entrées	Monday May 1	Tuesday May 2	Wednesday May 3	Thursday May 4	Friday May 5
(served daily unless noted) * PB Sandwich w/cheese stick ** Cheese Sandwich w/cheese stick *** Pizza	<i>Chicken Strips w/roll</i> Steamed Sweet Potatoes Steamed Green Beans Crisp Romaine Salad Pears Fruit Cup	<i>Cook's Choice Entrée</i> Baked Crispy Potatoes Steamed Carrots Crisp Romaine Salad Peaches Fruit Cup	<i>Cheesy Breadsticks</i> w/marinara sauce Steamed Spinach Fresh Veggies/Dip Crisp Romaine Salad Applesauce Fresh Fruit	<i>Nacho Scoops</i> w/lettuce, tomato, cheese & salsa Steamed California Blend Steamed Corn Pineapple Fruit Cocktail	<i>Cook's Choice Entrée</i> Baked Beans Cole Slaw Cottage Cheese Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup

Whole Grain Rich options are in bold print and are offered daily.	Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
	<i>Popcorn Chicken w/roll</i> Steamed Carrots Steamed Seasoned Cabbage Crisp Romaine Salad Pineapple Fruit Cup	<i>Salisbury Steak w/Texas Toast</i> Mashed Potatoes w/gravy Steamed Broccoli w/cheese Crisp Romaine Salad Fruit Cocktail Fruit Cup	6th Grade Farwell Luncheon 6 th Grade's Choice Entrée 6 th Grade's Choice Vegetables 6 th Grade's Choice Fruits	<i>Fajita Wrap</i> w/lettuce, tomato, cheese & salsa Refried Beans Steamed Corn Mandarin Oranges Pears	Last Day to Charge! <i>Cook's Choice Entrée</i> Steamed Peas Steamed Green Beans Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup

A choice of fat-free white, fat-free chocolate and fat-free strawberry milk is offered with each meal.	Monday May 15	Tuesday May 16	Wednesday May 17	Thursday May 18	Friday May 19
	<i>Cook's Choice Entrée</i> Roasted Redskin Potato Halves Steamed Carrots Peaches Applesauce	<i>Cook's Choice Entrée</i> Steamed Corn Steamed Broccoli w/cheese Pears Pineapple	<i>Cook's Choice Entrée</i> Steamed Green Beans Steamed California Blend Fruit Cocktail Fruit Cup	LAST DAY OF SCHOOL! <i>Cook's Choice Entrée</i> Steamed Mixed Vegetables Steamed Lima Beans Fruit Cup	

 <p>100% fruit juice is offered Tuesdays as a fruit choice when available.</p>	<p align="center"> National School Lunch Program Meal Pattern Information The Federal Government USDA guidelines for the National School Lunch Program (NSLP) offer students 5 meal components daily. The daily components consist of...grain, meat/meat alternate, vegetable, fruit and fluid milk. Each student may take all 5 components or as few as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components, one component MUST be a fruit or a vegetable for the meal to be a reimbursable meal. A student may take as little as ½ cup serving of a fruit and/or vegetable or as much as a 1 cup serving of a fruit or a vegetable. </p>	<p align="center"> Have a fun, safe and active summer!! </p> 
 <p align="center"> Our staff encourage & teach students to make healthy choices for a healthy lifestyle. </p> 		

***Meal account balances can be checked by calling your child's school or the Child Nutrition Department.**
****This institution is an equal opportunity provider****