

ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT

FREE UNIVERSAL BREAKFAST MENU

WORD OF THE MONTH IS "Self-Discipline"

Did you know that we serve FREE breakfasts every school day for all High School & Elementary students?

Help your child learn by encouraging them to eat breakfast.

Menus Are Subject to Change

½ Pint Skim Milk Choice

September 2017-2018	Monday	Tuesday	Wednesday	Thursday	Friday
Last day to charge for the 2017-18 school year will be Friday, May 11th, 2018					
Daily Hot Entrées Offered:	Pancake Sausage Wrap	Egg & Cheese Breakfast Sandwich	Tony's ® Breakfast Pizza	Biscuit & Sausage Gravy	Breakfast Burrito
Daily Additional Grain Choice Offered:	Graham Crackers				
Daily Fruit Choice:	Fresh Fruit Canned Fruit 100% Fruit Juice *Student <u>MUST</u> take a fruit choice to receive FREE universal breakfast.				
Daily Cold/ Grab-N-Go Entrées Offered:	Mini Donuts OR Nutrition Bar Choice OR Cereal Choice OR Pop Tart				

Meal account balances can be checked by calling your child's school or the Child Nutrition Department.

The menu is subject to change without notice due to price and availability of food.

Students MUST take 3 of the 4 items offered to receive FREE breakfast. One of the components taken MUST be a fruit choice.

Whole Grain Rich options are in **bold** print and offered daily.

*Students will have the choice of a hot or cold/grab-n-go breakfast daily.

**☺ denotes new item

***Cold/Grab-N-Go will be the ONLY breakfast menu offered on 90-minute delays.

This institution is an equal opportunity provider