

**CONSUMER SCIENCE  
CURRICULUM MAP  
LIFE PLANNING**

Week 1-2	Weeks 3-4	Weeks 5-6	Weeks 7-10	Weeks 11-13	Weeks 14-18
<p>CM 1 Using decision-making skills to plan short term and long term goals.</p> <p>Use problem solving to identify possible choices, evaluate, and make decisions.</p>	<p>CM 1 Identify life choices/factors affecting life choices.</p> <p>Develop ways to take personal responsibility for life choices.</p> <p>CM 3 Evaluate communications, feelings, needs, and ideas.</p> <p>Use knowledge and communication skills to express feelings.</p>	<p>CM 3 Evaluate interpersonal relationships.</p> <p>Identify ways to develop a healthy body image.</p> <p>LA Journal</p> <p>Science Biology - Body</p>	<p>CM 3 Develop ways to manage conflict.</p> <p>Explore purposes of dating.</p> <p>Determine difference between love and infatuation.</p> <p>CM 2 Identify ways to keeping the total person healthy.</p> <p>Develop a plan to manage stress.</p> <p>Explain importance of exercise.</p> <p>Science Knowing the body</p>	<p>CM 2 Plan and prepare meals.</p> <p>Plan meals for all the family needs.</p> <p>CM5 Make plans for a career.</p> <p>Describe importance of work.</p> <p>Develop job search skills.</p>	<p>CM 6 Determine personal career responsibilities.</p> <p>Use computer to search career choices.</p> <p>Do interviews using video recorders.</p> <p>CM 7 Identify resources to meet needs and goals.</p>