

CURRICULUM MAP
Psychology

Week 1-2	Weeks 3-4	Weeks 5-6	Weeks 7-10	Weeks 11-13	Weeks 14-18
<p>Introduction to Psychology</p> <ul style="list-style-type: none"> Identify the goals of psychology and explain psychology as a science. Explain the historical background and significance of the study of psychology. Describe six perspectives in psychology and the steps concerning scientific research. Distinguish between sensation and perception and how they contribute to understanding our environment. Explain the process of vision and hearing. Identify body senses and how they work. Summarize the laws of sensory perception, <p>Credit – 0.5 Prerequisites – SS I-II Single-blocked One Semester</p> <p>10/24/05</p>	<p>Analyze the Nature of Consciousness.</p> <ul style="list-style-type: none"> Describe the stages of sleep and sleep problems. Explain how meditation, biofeedback and hypnosis relate to consciousness. Describe various drugs and their effects on consciousness. Explain principles of classical conditioning and describe its applications. Explain principles of classical and operant conditioning. Discuss cognitive factors in learning including latent and observational learning. Identify and implement the steps of PQ4R method of learning. 	<p>Explore the cognitive abilities and processes of the human mind.</p> <ul style="list-style-type: none"> Define intelligence and explain various theories. Identify various intelligence tests and their uses. Explain how heredity and environment influence intelligence. Identify characteristics of mental retardation. <p>Explain the major theories of development</p> <ul style="list-style-type: none"> Trace the path of human and physical development that occurs during infancy, childhood, adolescence and death. Identify the developmental views of the discipline’s contemporaries. Identify stages in Piaget’s Theory of Cognitive Development and Kohlberg’s Theory of Moral Development. 	<ul style="list-style-type: none"> Identify physical changes that occur in males and females during adolescence and examine the psychological effects of these changes. Describe the role parents and peers play in adolescent lives. Define identity formation and describe four categories of adolescent identity status. Describe important challenges that adolescents face in today’s society. <p>Examine characteristics and issues of adulthood.</p> <ul style="list-style-type: none"> Describe changes and issues that occur in young, middle and late adulthood. Explain attitudes and issues related to death and dying. 	<p>Analyze various aspects of physical and psychological health.</p> <ul style="list-style-type: none"> Define stress and its main causes. Identify factors that determine responses to stress. Explain general adaptation syndrome and effects of stress on the immune system. Identify ways that psychological factors contribute to headaches, heart disease and cancer. Describe how to cope with stress. Explain classifying psychological disorders. Discuss anxiety disorders and theories that explain them. Describe dissociative disorders. Describe subtypes and causes of schizophrenia. Distinguish between personality and psychological disorders. 	<p>Explain the theories and methods behind therapeutic treatments.</p> <ul style="list-style-type: none"> Define psychotherapy and advantages of each method of psychotherapy. Describe the aims and major techniques of psychotherapy. List three major biological treatments for psychological disorders and possible effects of treatments. <p>Examine social psychology including the attitudes and factors influencing attraction, conformity, obedience, aggression and altruism.</p> <ul style="list-style-type: none"> Define terms that deal with social interaction including “aggression and altruism.” Explain how attitudes are related to behavior and the influence of attitude on other’s behavior. Analyze the role of attraction in friendships and love relationships. Identify ways groups can influence individual behavior and actions. Define gender roles and stereotyping and explain the difference. Describe gender differences in cognitive abilities, personality and behavior. Describe gender typing and theories that explain it. <p>Explain how gender roles change and why they vary from culture to culture.</p>