

# ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT

## FREE UNIVERSAL BREAKFAST MENU

WORD OF THE MONTH IS "Self-Discipline"

**Did you know that we serve FREE breakfasts every school day for all High School & Elementary students?**

**Help your child learn by encouraging them to eat breakfast at school.**

Menus Are Subject to Change

½ Pint Skim Milk Choice

September 2019-2020	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Last day to charge for the 2019-20 school year will be Friday, May 8<sup>th</sup>, 2020</b>					
<b>Daily Hot Entrées Offered:</b>	Pancake Sausage <b>Wrap</b>	Egg & Cheese Omelet w/ <b>Toast</b>	Tony's ® Breakfast <b>Pizza</b>	<b>Biscuit</b> & Sausage Gravy	☺ <b>French Toast Bites</b> w/sausage link
<b>Daily Additional Grain Choice Offered:</b>	Graham Crackers				
<b>Daily Fruit Choice:</b>	Fresh Fruit Canned Fruit 100% Fruit Juice  *Students <u>MUST</u> take a fruit choice to receive FREE Universal Breakfast.				
<b>Daily Cold/ Grab-N-Go Entrées Offered:</b>	Mini Donuts – <b>ONLY OFFERED AS A CHOICE ON MONDAYS!</b> OR Breakfast Bar Choice OR Cereal Choice OR Pop Tart				

\*Meal account balances and on-line payment options are available at [MySchoolBucks.com](http://MySchoolBucks.com), it's as easy as setting up an account for your student(s)!

The menu is subject to change without notice due to price and availability of food.

Students MUST take 3 of the 4 items offered to receive FREE breakfast. One of the components taken MUST be a fruit choice.

Whole Grain Rich options are in **bold** print and offered daily.

\*Students will have the choice of a hot or cold/grab-n-go breakfast daily.

\*\*☺ denotes new item

\*\*\*Cold/Grab-N-Go will be the ONLY breakfast menu offered on 90-minute delays.

\*\*This institution is an equal opportunity provider\*\*